

Dear Friend,

I appreciate you joining me on this shared journey towards deeper self-understanding. For those familiar with my work, you know that lunations hold a significant place in my practice. Since 2017, when I was exposed to the medieval Persian tradition, I have consciously focused on using new moon and full moon charts. I derive considerable insight from these charts, as they offer information on how we can understand, evolve, and progress towards the inherent potential promised by the year or any specific period relative to a birth chart.

In working with lunations for many years, I realised that it has helped me understand how we evolve within shorter spans of time if we notice it mindfully. The New and Full Moons tend to bring certain conditions to the surface again and again, especially when viewed through the Nakshatras. This calendar is a small table of observations for each lunation in the year 2026. Each row in the table presents a lunation as it occurs in the sidereal zodiac (Ayanamsa: Raman), with the Moon's zodiacal position mentioned along with the Nakshatra. The brief observations will help you understand the theme of the fortnight while the keywords will help you navigate the fortnight with better awareness. This is based on my study, practice, research and teaching. I have kept the format deliberately concise. When interpretation is short and practical, it becomes easier to notice some pattern across the year. This calendar is intended as a reference to return to, allowing the pattern of time itself to become clearer through repetition and recognition.

Welcome to the beginning of being your own astrologer.

Aswin Subramanyan

January 2026

A Nakshatra-Based Luration Calendarical Guide (2026)

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| Date | Time (IST) | Lunation | Sign | Degree | Nakshatra | Observation | Keywords |
|-------------------|------------|-----------|-------------|--------|-------------------|---|---|
| 3 January 2026 | 15:33 | Full Moon | Gemini | 20°15' | Ardra | Unresolved tensions will resurface and it's the time to destroy what we don't need from a psychological perspective | disruption, exposure, mental overload, unresolved tension |
| 19 January 2026 | 01:22 | New Moon | Capricorn | 5°57' | Uttarashada | Focus on creating smaller targets and achieve those milestones with a well planned todo list | endurance, continuity, commitment, delayed validation |
| 2 February 2026 | 03:39 | Full Moon | Cancer | 20°17' | Ashlesha | Emotional entanglements become visible through indirect pressure and obligation. | entanglement, control, obligation, emotional leverage |
| 17 February 2026 | 17:31 | New Moon | Aquarius | 6°03' | Dhanishta | Progress depends on pragmatism and coordination within larger structures. | pattern, coordination, circulation, sustained effort |
| 3 March 2026 | 17:08 | Full Moon | Leo | 20°07' | Purva Phalguni | Comfort and enjoyment will have their long-term costs when they are not balanced. | indulgence, expectation, imbalance, personal desire |
| 19 March 2026 | 06:53 | New Moon | Pisces | 5°40' | Uttara Bhadrapada | Stability develops through sustained holding in tandem with transformation or the beginning of a transformation. | containment, endurance, depth, consolidation |
| 2 April 2026 | 07:42 | Full Moon | Virgo | 19°34' | Chitra | Structural flaws surface where refinement is necessary. | form, precision, design pressure, hidden weakness |
| 17 April 2026 | 17:22 | New Moon | Aries | 4°42' | Ashwini | A good start is the key and it happens greatly with a spectacular endurance. | initiation, urgency, decisive movement, raw momentum |
| 1 May 2026 | 22:53 | Full Moon | Libra | 18°34' | Vishakha | Divided goals demand prioritisation as tension between different targets will increase. | ambition, divergence, focus strain, competing aims |
| 17 May 2026 | 01:31 | New Moon | Taurus | 3°11' | Krittika | Cut through non-sense by keeping a low profile and stay behind the scenes. | separation, definition, decisiveness, boundary formation |
| 15 June 2026 | 08:24 | New Moon | Gemini | 1°16' | Mrigashira | Seek in the dark, but don't expect find what you are looking for, for you will find something else meaningful. | searching, restlessness, questioning, mental movement |
| 30 June 2026 | 05:27 | Full Moon | Sagittarius | 15°28' | Purva Ashada | Gentle approach with calm and composure will go a long way | clearing, ideological strain, foundational testing, reorientation |
| 14 July 2026 | 15:14 | New Moon | Gemini | 29°12' | Punarvasu | Return and adjustment restore continuity resulting in finetuning | renewal, repetition, restoration, gradual correction |
| 29 July 2026 | 20:06 | Full Moon | Capricorn | 13°43' | Shravana | Hope to hear well, comprehend and move forward with confidence and conviction | transmission, duty, reliability, earned authority |
| 12 August 2026 | 23:07 | New Moon | Cancer | 27°15' | Ashlesha | Embrace tightens as emotional bonds resist clean separation. | holding, pressure bonds, control dynamics, emotional grip |
| 28 August 2026 | 09:49 | Full Moon | Aquarius | 12°07' | Shatabhisha | Withdrawal is part of healing and the wounds will fade away in due course | separation, limits, detachment, protective distance |
| 11 September 2026 | 08:57 | New Moon | Leo | 25°39' | Purva Phalguni | Desire seeks expression while sustainability remains uncertain. | enjoyment drive, affirmation seeking, pleasure tension |
| 26 September 2026 | 22:19 | Full Moon | Pisces | 10°50' | Uttara Bhadrapada | Endurance replaces resolution and it is time to realise your true strength | long holding, stabilisation, containment, completion pressure |
| 10 October 2026 | 21:20 | New Moon | Virgo | 24°34' | Chitra | Reconstruction requires precision to avoid repeating hidden flaws. | restructuring, refinement pressure, alignment work |
| 26 October 2026 | 09:42 | Full Moon | Aries | 9°58' | Ashwini | Capitalise on what you have achieved for there is no saturation point anytime soon | forced movement, decisive break, urgency |
| 9 November 2026 | 12:32 | New Moon | Libra | 24°06' | Vishakha | Ambition intensifies but self doubts arise with too much going on at the same time | focus conflict, directional pressure, goal tension |
| 24 November 2026 | 20:24 | Full Moon | Taurus | 9°33' | Krittika | Separation clarifies value through firm exclusion. | cutting away, decisive clarity, value definition |
| 9 December 2026 | 06:22 | New Moon | Scorpio | 24°09' | Jyeshtha | Authority consolidates under pressure of imbalance. | control load, seniority strain, responsibility weight |
| 24 December 2026 | 06:58 | Full Moon | Gemini | 9°27' | Ardra | Mental agitation resurfaces unresolved structural stress. | recurring tension, cognitive overload, exposure loop |